

Saint Augustine Chapel

12083 Smiths Neck Road Carrollton, VA 23314

Roman Catholic ✙ Traditional Latin Mass

StAugustineChapel.org

Father Daniel Ahern 757-357-5213



Fifth Sunday after Pentecost; St. Irenaeus, BpM; : St. John Octave;

June 28, 2026

Schedule for July 2026

Sun July 5	Holy Hour 9:30 am
Fri July 10	Mass 8:00 am
Sat July 11	Mass 12:00 noon
Sun July 12	Mass 9:00 am
Sun July 26	Holy Hour 9:30 am
Fri July 31	Mass – please inquire for time
Sat Aug 1	Mass 8:00 am
Sun Aug 2	Mass 9:30 am

Fifth Sunday after Pentecost

Why must one first be reconciled to his brother before he offers his gift at the altar, or undertakes any good work?

Because no offering, or other good work, can be **pleasing** to God so long as we are living in enmity, hatred, and strife with our neighbor, and thereby going directly against His will and example.

Remedies for Anger

One must often consider the **example** of Christ, Who endured so many contradictions, persecutions, and insults, without reviling again when reviled Himself, and without threatening vengeance to any one for all He suffered. An excellent preventive to anger is, to **think over** in the morning what causes will be likely to draw us into anger at any time during the day, and to guard ourselves against them beforehand, by a firm resolution to bear everything patiently for the love of God; and then, when anything vexatious occurs and excites our anger, to say and do nothing so long as the anger lasts.

How shall we be reconciled with our enemies?

Not only with the lips but **from the heart**, and with sincerity and promptness. "Is he absent whom you

have wronged," says St. Augustine, "so that you cannot easily reach him? humble yourself then before God, and ask His pardon before you offer your gift with a firm resolution to be reconciled with your enemy as soon as possible."

INSTRUCTION ON SWEARING.

To swear is to call upon God, His truth, His justice, or other attributes, or upon His creatures, in the name of God, as witnesses of the truth.

Is swearing lawful, and when?

Yes, when **necessity** demands it, and when the matter sworn to is **true** and **just**: when a man thus swears he imitates God, honors Him as all-holy, all-wise, all-just, and contributes to the triumph of justice and innocence. On the other hand, great sins are committed:

1. By those who swear in a false and unjust cause, which may be, besides, of little moment; for they call upon God as a witness to falsehood and wrong, thus violating His truth and justice.
2. By those who swear in a good cause, but without necessity or a sufficient reason; for it is certainly unseemly to call God as witness on every trivial occasion.
3. In like manner, they sin grievously and constantly who have become so habituated to swearing as to break out into oaths, without so much as knowing or thinking whether the thing is true or false, whether they will keep their word or not; whereby they expose themselves to great danger, both because they frivolously abuse the name of God, of His saints, and of His works.